

Physical Education at Chappel Primary school (PE)



Intent

Vision Statement

At Chappel Primary School, physical education is an integral part of our curriculum which is inclusive and engages all pupils. Children develop the knowledge, skills and competence to succeed in a broad range of sports and physical activities. We aim to deliver high-quality teaching and learning opportunities that enables all children to achieve their personal best. Children participate in competitive sport, and we teach them to apply their Chappel core values to sporting activities, ensuring they do their best and display good sportsmanship. We aim for all children to be physically active for sustained periods of time and be able to make informed decisions to lead healthy and active lives. Swimming is an important life skill, and we aspire for all children to leave Chappel being able to swim at least 25 metres.

Implementation

PE at Chappel provides challenging and enjoyable learning through a range of sporting activities including invasion games, net and wall games, striking and fielding games, gymnastics, dance, health and fitness, outdoor and adventurous education and swimming. Pupils participate in at least two hours of high-quality PE lessons each week covering different aspects of the PE National curriculum each half term. Epc coaches plan and deliver a full range of exciting games lessons and class teachers plan and deliver the other areas using the imoves schemes of work.

All classes take part in the Daily Mile which helps contribute to the 30 minutes of physical activity at school. Children attend swimming lessons in year 4 and 5 if they cannot swim 25m. Children are encouraged to participate in extra-curricular activities that are inclusive, enjoyable and increase children's physical activity. Year 5 Playleaders also plan and organise fun and enjoyable games at lunch times for younger children to help foster a healthy lifestyle.

Children have the opportunity to participate in competitive sports as part of the Colchester Blackwater Sports Partnership and the Consortium Schools Sports. They also compete in inter-house competitions such as sports day with House Captains in Year 6 demonstrating leadership skills.

PE is woven through the Chappel curriculum by linking it to our healthy body and healthy mind areas of the Jigsaw PSHE and Livwell lessons.

Impact

- At Chappel, our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities.
- Children have at least 2 hours of physical activity which is beneficial to mental well-being and learning in the classroom.
- We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their life outside school.
- Children understand how to lead a healthy lifestyle and understand the importance of exercise.
- All pupils understand the values and importance of fair play and being a good sportsperson.
- Children can represent the school in sporting events and we celebrate sporting success in achievement assemblies.